

Aide Inservices

Home Care Aides: Putting the Pieces Together

Home Care Aide Training Monthly Telephone Conferences

**January 2010 to September 2010
Second Tuesday of Every Month**

**Looking to complete the home care puzzle?
Aide training is the right fit!**



Provided by
Missouri Alliance for
HOME CARE

Home Care Aide Training Telephone Conferences January 2010 through September 2010

Mark Your Calendar for the 2nd Tuesday of Every Month
Use MAHC's expertise in developing diverse and high quality education programs for your aides. Don't miss the opportunity to take advantage of MAHC's convenient monthly telephone conferences. All inservices emphasize the role of home care aides in observation and reporting.

- ★ Sign up for all inservices at one time or individually select the ones that best meet your training needs.
- ★ Each conference is scheduled for 1:00 to 3:00 p.m. (Central Time)

January 12, 2010

Elder Abuse: Growing Crime -- Silent Victims

Elder abuse is on the rise. Those who work closely with seniors need to understand this crime and their role in prevention and intervention efforts. Learn the signs and symptoms of elder abuse and how these may differ from those normally encountered with other populations, including a discussion of the problems faced by seniors and adults with disabilities that can hinder detection. Mandated reporting, the role of DHSS, and the department's mandate to investigate will be discussed. *Marta Fontaine, DHSS, Jefferson City, MO*

February 9, 2010

The Aide's Role in the Monitoring and Reporting of Pain

The aide's role in reporting observations and the client's report of pain is integral as part of the team approach to palliative care. It is important that aides are comfortable with the changes they observe in order to report them to the nursing supervisor. *Lores Vlaminck, RN, BSN, MA, CHPN, Lores Consulting, Rochester, MN*

March 9, 2010

The Dementia Client: Communication and Behaviors

How do you effectively communicate with an individual who has dementia? How do you manage and cope with someone who is agitated, aggressive, or hostile? Home care aides will learn to recognize and identify triggers or other factors that may be disturbing or disruptive to the individual. The role as a home care aide will be enhanced by incorporating these new skills and techniques into their daily work. *Steve Miskovic, MSW, Program Director, Memory Care Home Solutions, St. Louis, MO*

April 13, 2010

Caring for the Incontinent and Bed Bound Patient

The aide's role in an incontinence management program is vital to the well-being of home care patients. This session will provide aides an opportunity to learn about urinary incontinence (temporary or chronic), how to maintain skin integrity, joint mobility, and prevent the occurrence of UTI's, all the while maintaining the privacy and integrity of the client. *Diane Y. Petifurd, RN, WCC, St. Luke's Home Care and Hospice*

May 11, 2010

Kidney Disease and Dialysis

How does the kidney function? What is kidney disease? Do you know signs and symptoms of kidney disease? How is it treated? What is chronic kidney disease? How does the home care aide help his or her client cope with this disease? This program will focus on the fundamentals of the kidney, kidney disease, the treatment and management of the disease, and communication with the client, their families, and the nurse. *Valerie Goodnight, RN, CNN, Missouri Kidney Program, Mount Vernon, MO*

June 8, 2010

The ABC's and 123's of Diabetes Care

This program is designed to assist home health aides in supporting diabetic patients and their families. We will review the pathophysiology of diabetes, effects on the body, and best practices for diabetes care. Learn how the aide can assist in meal planning and encouraging healthy lifestyle choices. *Sandy Sanderson, RN, CCM, President of the Sanderson Group, Inc., Thompsons Station, TN*

July 13, 2010

Working with a Difficult and Non-Adherent Client

The home care aide's role in communicating with a client may include observation and participation in challenging and difficult behaviors. Recognition of styles of communication patterns is helpful in client dialogue and in reporting appropriate information to the supervising professional. *Lores Vlaminck, RN, BSN, MA, CHPN, Lores Consulting, Rochester, MN*

August 10, 2010

Best Friends – Putting the Pieces Together

The journey of Alzheimer's disease can bring families together or tear them apart. The Best Friends approach to dementia care shows how the home care aide and family members can become partners in caring for the person with dementia. *Pam Johnson, Human Resources Director for In-Home Services, Lutheran Senior Services, St. Louis, MO*

September 14, 2010

You Are What You Eat!

Learn how to use the Food Pyramid for better health, evaluation of nutrient intake and risk factors for malnutrition with emphasis on the role of the home care aide. Participants will learn to assist the home care client in improving nutritional status by communicating observed risks to the home care team or family and aiding in simple meal planning and preparation. *Angela Kelley, MSRDLD, Nutrition Coordinator, Visiting Nurse Association, Kansas City, MO*



These sessions may be used to meet training requirements. While it is the responsibility of the home care company to determine if each workshop meets the specific requirements of its aides, the Missouri Department of Health and Senior Services affirms that these sessions meet the requirements found at 484.36[b] of the Medicare Conditions of Participation and for in-home service companies, these sessions meet the required standard for on-going training of aides.

Registration Form

REGISTER NOW for all Your Aide Inservice Needs

Check (✓) each Inservice for which you are registering ▼

2010 TRAINING DATES

	Jan 12		June 8	
	Feb 9		July 13	
	March 9		Aug 10	
	April 13		Sept 14	
	May 11			

How Each Inservice Works:

- ★ Each conference is scheduled from 1:00 to 3:00 p.m. (Central Time)
- ★ Register in advance; one fee per connection
- ★ MAHC will provide conference material for photocopying and dial-in instructions to each registered site
- ★ On the conference date, call in to the teleconference center at the appointed time
- ★ Listen to the presentation
- ★ Participate in the question and answer session

*Company

*Contact Person

Address

City, State, Zip

Phone

Fax

Email

Additional connection registration

Name

Email

Name

Email

Registration Fees

\$149 per connection - free CD with each paid registration, if requested

\$129 if registering and paying for all conferences in this series

Special pricing for multiple connections: Additional connections \$49 per connection per conference

_____ Primary Connection x \$149 = \$ _____
 # _____ Additional Connections x \$ 49 = \$ _____
 TOTAL \$ _____

Aide10

Return Registration and Payment to:



Missouri Alliance for
HOME CARE
 2420 Hyde Park, Suite A
 Jefferson City, MO 65109

Phone (573) 634-7772
 Email: ann@homecaremissouri.org
 Fax: (573) 634-4374

Cancellation Policy – cancellations received by 5:00 p.m. Central Time on the day prior to a conference receive a 50% refund. No refunds granted for cancellations received on or after the conference date. We will bill for unfulfilled reservations.



Missouri Alliance for HOME CARE

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Jefferson City, MO 65109-4731

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Home Care Aides - The Perfect Fit!



**Aide training - One piece of
the Home Care Puzzle**

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