

Aide Inservices

The perfect mix -
home care aides,
education and
satisfied clients.
It is a recipe for
success!



Home Care Aide Training Monthly Telephone Conferences

August 2008 – February 2009
Second Tuesday of Every Month

**We are combining the most requested topics
with professional chefs of education
to provide a menu “fit for a king.”**



Provided by
Missouri Alliance for
HOME CARE



Home Care Aide Training Telephone Conferences August 2008 through February 2009

Mark Your Calendar for the 2nd Tuesday of Every Month

Use MAHC's knowledge in developing diverse and high quality education programs to provide your aides with instruction by using "just the right mix" of instructors and topics. Don't miss the opportunity to take advantage of MAHC's convenient monthly telephone conferences. All inservices emphasize the role of home care aides in observation and reporting.

- ★ Sign up for all inservices at one time, or individually select those which best meet your training needs.
- ★ Each conference is scheduled for 1:00 to 3:00 p.m. (Central Time)

August 12, 2008 **Safety, On and Off the Job**

You always believe "it can't happen to me." But, it can. Let's be safe, healthy and injury-free on and off the job. Learn from a safety expert how to: reduce injuries while driving for work or pleasure; be more aware of your surroundings; lift safely; and eliminate slips, trips and falls. Hear a review of a growing issue in our communities - bloodborne pathogens and MRSA infections. *Mark Woodward, Missouri Employers Mutual, Columbia, MO.*

September 9, 2008 **Gathering Pearls of Wisdom**

The trauma that family caregivers undergo in making the decision about who they should trust to care for their loved one is great. Understanding the dynamics of this grief can determine how well you will be able to help care for their loved one. This in-service will give tools to use in forming a real partnership with families. There also will be some discussion about how to accomplish this mutual goal, while keeping the person with dementia safe within their own home. This teleconference is recommended for all staff who require annual dementia training. *Zoe Ann Dearing, BME, MT, Professional Education Coordinator, Alzheimer's Association - St. Louis Chapter*

October 14, 2008 **Oxygen Therapy for Home Care**

Supplemental oxygen therapy reduces mortality, improves cognition, sleep and exercise function and delays the onset of complications related to prolonged hypoxemia for patients with advanced stable lung disease. Over one million Americans receive long term oxygen therapy at home from a variety of available oxygen delivery systems. Home oxygen therapy is a practical and cost effective way to satisfy the clinical needs of this patient population during all activities of daily living. This presentation reviews the qualification requirements for home oxygen as well as the devices that are available in the home setting. *Joan Kohorst, MA, RRT, Plains Region Clinical Manager, Apria Healthcare, St. Louis, MO.*

November 11, 2008 **What Everyone Should Know About the Kidneys and Kidney Disease**

How does the kidney function? What is kidney disease? Do you know signs and symptoms of kidney disease? How is kidney disease treated? What is chronic kidney disease? How does the home care aide help his or her client cope with this disease? This program will focus on the fundamentals of the kidney, kidney disease, the treatment and management of the disease, and communication with the client, their families, and the nurse. *Meg Meyer, RN, Peritoneal Dialysis, Davita, St. Louis, MO.*

December 9, 2008 **Communication Challenges and Successes**

If communication is the key to understanding and the foundation for relationships, why can it be so challenging? Learn more about the inherent challenges in home care relationships by understanding our personal communication styles. Identify the difficulties in communication that include cultural, physical, and emotional disabilities and learn methods to enhance relationships despite the challenges. *Lores Vlaminc, RN, BSN, MA, CHPN, Lores Consulting, Rochester, MN.*

January 13, 2009 **The Four "Cs" of Aide Documentation**

Let's start the new year off right with the basics of documentation. Remember: if it's not documented - it's not done! Aides will learn the the four "Cs" of documentation: (1) compliant; (2) consistent, (3) complete, and (4) coordinated. *Judy Morris, R.N., Bureau of Home Care and Rehabilitative Standards, Missouri Department of Health & Senior Services, Jefferson City, MO.*

February 10, 2009 **Independence Day - The Aide's Role**

Home Care aides are faced with a daily conflict: they are asked to build trusting relationships with their patients/clients while being a part of the care team whose goal is to make the patient/client independent. This conference will present scenarios that will serve as examples of how to meet the needs of a patient while moving them toward independence in toileting, bathing, grooming, etc. and demonstrating to the family caregiver those skills that will empower them to become independent as well. *Bethany Naughton, OT, Therapy Supervisor, Capital Region Home Health, Jefferson City, MO.*

These sessions may be used to meet training requirements. While it is the responsibility of the home care company to determine if each workshop meets the specific requirements of its aides, the Missouri Department of Health and Senior Services affirms that these sessions meet the requirements found at 484.36[b] of the Medicare Conditions of Participation and for in-home service companies, these sessions meet the required standard for on-going training of aides.

Registration Form

REGISTER NOW for all Your Aide Inservice Needs

Check (✓) each Inservice for which you are registering

2008-2009 TRAINING DATES

How Each Inservice Works:

- ★ Each conference is scheduled from 1:00 to 3:00 p.m. (Central Time)
- ★ Register in advance; one fee per connection
- ★ MAHC will provide conference material for photocopying and dial-in instructions
- ★ On the conference date, call in to the teleconference center at the appointed time
- ★ Listen to the presentation
- ★ Participate in the question and answer session

Aug. 12	Safety, On and Off the Job
Sept. 9	Gathering Pearls of Wisdom
Oct. 14	Oxygen Therapy for Home Care
Nov. 11	What Everyone Should Know About the Kidneys and Kidney Disease
Dec. 9	Communication Challenges and Successes
Jan. 13	The Four "Cs" of Aide Documentation
Feb. 10	Independence Day – The Aide's Role

*Company

*Contact Person

(*You must tell the operator these names when you dial in to the conference.)

Address

City, State, Zip

Phone

Fax

Email

AIDE08-09

Registration Fees
\$149.00 per connection

_____ x \$149 = \$ _____
Number of conference dates checked above TOTAL ENCLOSED

Return Registration and Payment to:



Missouri Alliance for
HOME CARE
2420 Hyde Park, Suite A
Jefferson City, MO 65109

Phone (573) 634-7772
Email: ann@homecaremissouri.org
Fax: (573) 634-4374

Cancellation Policy – cancellations received by 5:00 p.m. Central Time on the day prior to a conference receive a 50% refund. No refunds granted for cancellations received on or after the conference date. We will bill for unfulfilled reservations.



Missouri Alliance for HOME CARE

2420 Hyde Park, Suite A
Jefferson City, MO 65109-4731

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All the right ingredients for a ★★☆☆ training for home care aides !

Aide Inservices



Aide training -- the "recipe for success."

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