

Aide Inservices

**Hooray for Home Care -
A Home Run For Everyone!**

**Home Care Aide Training
Monthly Telephone Conferences**

**March - November 2009
Second Tuesday of Every Month**

**We are going for the long ball with new topics
and speakers for a major league educational season.**



Provided by
Missouri Alliance for
HOME CARE

Home Care Aide Training Telephone Conferences March through November 2009

Mark Your Calendar for the 2nd Tuesday of Every Month

Use MAHC's expertise in developing diverse and high quality education programs for your aides with instruction by "the stars of home care education throwing the perfect pitch." Don't miss the opportunity to take advantage of MAHC's convenient monthly telephone conferences. All inservices emphasize the role of home care aides in observation and reporting.

- ★ Season ticket - sign up for all sessions and save!
- ★ Sign up for all inservices at one time or individually select the ones that best meet your training needs.
- ★ Each conference is scheduled for 1:00 to 3:00 p.m. (Central Time)

March 10, 2009

Caring for the Caregiver

In order to be an effective caregiver, it is important that health care professionals recognize the signs and symptoms associated with caregiver fatigue and burnout. This in-service will present information about the symptoms linked with caregiver stress and offer suggestions for effective self-care. *Denise Swenson, MSW, LCSW, Missouri Cancer Associates, Columbia, MO.*

April 14, 2009

The Aide's Role in Fall Prevention

The home health aide has the unique opportunity to observe patients performing activities of daily living and assist in the identification of risk factors that can result in patient falls. This program will identify risk factors for falls and the home health aide's role in keeping our patients safe. *Vicki D. Gines, PT, DPT, North Kansas City Hospital Home Health Rehab Supervisor, North Kansas City, MO.*

May 12, 2009

Ready or Not – Disasters Happen

Nearly 160,000 Missourians are utilizing in-home care or home healthcare services across the state. The likelihood is great that some will experience an emergency such as a fire, flood, tornado, power outage or pandemic flu. Preparing now will help decrease the stress when disaster strikes for you and your client. *Laura Kliethermes, public information coordinator for Missouri Department of Health and Senior Services, Ready in 3, Missouri's emergency preparedness program, Jefferson City, MO.*

June 9, 2009

Caring for Persons with Arthritis

Learn basic information on arthritis and other rheumatic conditions including lupus, gout, osteoporosis and fibromyalgia. Tips for caring for persons with these conditions will be provided as it relates to activities of daily living. In addition, community resources for persons with arthritis will be covered. *Beth Richards, CTRS, Program Director of the Missouri Arthritis and Osteoporosis Program, Columbia, MO.*

July 14, 2009

"The Final Journey" – The Aide's Role

Death is inevitable: dying concludes our journey on this earth. This session will examine the aide's role when a client is dying; physical signs and symptoms of the dying process and signs of death; needs for the dying client and his/her family, especially for a child when the parent is dying, and a child's age-related comprehension of death and loss. *Lores Vlamincck, RN, BSN, MA, CHPN, Lores Consulting, Rochester, MN.*

August 11, 2009

Compassionate Caring for Cancer Patients

Just the word cancer strikes fear in the strongest individuals. This program will explore the fears and perceptions of cancer, what does having cancer mean to the patient, how to talk with patients and their families about their plan of care, safety issues for the aide and the patient. *Gennifer Monteer, RN, BSN, OCN, SSM Home Care and Hospice, Jefferson City, MO.*

September 8, 2009

Safety Issues for the Dementia Client

The symptoms of dementia can sometimes lead to unsafe situations. Areas of special concern include falls, driving, fire, medication errors, and wandering away from home. Changes in the living space can help protect your client even when they are alone. *Debora Summers, MT-BC, Professional & Family Education Coordinator, St. Louis Chapter Alzheimer's Association, St. Louis, MO.*

October 13, 2009

Caring for the Client with ALS

This program will provide participants with current information about the disease process of amyotrophic lateral sclerosis (ALS or Lou Gehrig's Disease). The special health care needs of the client will be presented along with issues of symptom management to improve the client's quality of life. *Mary Riggs, MS, CRC, LPC, Patient Services Director, The ALS Association, St. Louis Regional Chapter, St. Louis, MO.*

November 10, 2009

Keys to Working with Stroke Clients

Each stroke client is unique. The challenges for the home care aide when caring for these clients are many and varied. This program will address the issues, what to take note of, and how to report client information to others on the home care team. *Sandy Sanderson, RN, CCM, President of the Sanderson Group, Inc., Thompsons Station, TN.*

These sessions may be used to meet training requirements. While it is the responsibility of the home care company to determine if each workshop meets the specific requirements of its aides, the Missouri Department of Health and Senior Services affirms that these sessions meet the requirements found at 484.36[b] of the Medicare Conditions of Participation and for in-home service companies, these sessions meet the required standard for on-going training of aides.

Registration Form

REGISTER NOW for all Your Aide Inservice Needs

Check (✓) each Inservice for which you are registering

	March 10	Caring for the Caregiver		Aug 11	Compassionate Caring for Cancer Patients
	April 14	The Aide's Role in Fall Prevention		Sept 8	Safety Issues for the Dementia Patient
	May 12	Ready or Not – Disasters Happen		Oct 13	Caring for the Client with ALS
	June 9	Caring for Persons with Arthritis		Nov 10	Keys to Working with Stroke Clients
	July 14	The Final Journey – The Aide's Role			

How Each Inservice Works:

- ★ Each conference is scheduled from 1:00 to 3:00 p.m. (Central Time)
- ★ Register in advance; one fee per connection
- ★ MAHC will provide conference material for photocopying and dial-in instructions
- ★ On the conference date, call in to the teleconference center at the appointed time
- ★ Listen to the presentation
- ★ Participate in the question and answer session

*Company

*Contact Person

Address

City, State, Zip

Phone

Fax

Email

Registration Fees

\$149 per connection*

*Free CD with each paid registration – if requested

Aide09

_____ x \$149** = \$ _____
 **\$129 if registering and paying for all nine (9) conferences in this series (\$1,161.00)

Return Registration and Payment to:



Missouri Alliance for
HOME CARE
 2420 Hyde Park, Suite A
 Jefferson City, MO 65109

Phone (573) 634-7772
 Email: ann@homecaremissouri.org
 Fax: (573) 634-4374

Cancellation Policy – cancellations received by 5:00 p.m. Central Time on the day prior to a conference receive a 50% refund. No refunds granted for cancellations received on or after the conference date. We will bill for unfulfilled reservations.



Missouri Alliance for HOME CARE

2420 Hyde Park, Suite A
Jefferson City, MO 65109-4731

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Major league training for home care aides!



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for the company, the client,
and the aide.***

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