

# Aide Inservices

**Home Care Aides:  
Changing Lives  
and Making  
a Difference**

**Home Care Aide Training  
Monthly Telephone Conferences**

**November 2010 to September 2011  
Second Tuesday of Every Month**

**Home Care Aides - The Heart of Your Team!**



Provided by  
*Missouri Alliance for*  
**HOME CARE**



# Home Care Aide Training Telephone Conferences

## November 2010 through September 2011

Mark Your Calendar for the 2nd Tuesday of Every Month.

Use MAHC's expertise in developing diverse and high quality education programs for your aides. Take advantage of MAHC's convenient monthly telephone conferences. Inservices emphasize the role of home care aides in observation and reporting.

- ★ Sign up for all inservices at one time or individually select the ones that best meet your training needs.
- ★ Each conference is scheduled 1:00 to 3:00 p.m. (Central Time)

**November 9, 2010**

### While the Experience of Grief is Universal, Everyone Goes Through It Single-File

The holidays are seen as times of great joy, reunions, feasting and memories that fill us with great warmth and peace. The Holidays can also bring stress for both the client and the caregiver. This inservice provides effective coping tools and techniques for helping clients during the holidays. *Lores Vlaminck, RN, BSN, MA, CHPN, Lores Consulting, Rochester, MN*

**December 14, 2010**

### When Clients Lose Their Independence

Home care aides will learn techniques to maximize safety, independence and self esteem when their clients' self care abilities decline. *Kelly Lohaus, OTR/L, SSM Home Care, St. Louis, MO*

**January 11, 2011**

### The Home Care Aide and the Hospice Client

Home care aides often spend more time with patients than anyone else on the home care team. This session will address the aide's role in goals of care, physical elements and comfort, ethics, caring conversations, last hours of living, grief and bereavement. *Mary Dyck, RN, BSN, MHA, Director of Home Care Services, West Plains, MO*

**February 8, 2011**

### Have You Ever Crossed the Line?

This teleconference will discuss client privacy and boundary issues that may put the home care aide at risk for crossing the line with their clients. Learn ways to protect yourself from accusations of unethical behavior. *Sheryl Jones, RD, LD, MBA, The Corridor Group, Overland Park, KS*

**March 8, 2011**

### Keen Observation and Reporting

This program will guide the home care aide to know how to assist with medication management and compliance and to identify key information to report back to their interdisciplinary team to help improve client outcome. *Sandy Sanderson, RN, CCM, Thompsons Station, TN*

**April 12, 2011**

### Emergency Care Planning

The aide is vital to the success of an emergency care plan for the home care patient. Reviewing and educating on the patient emergency plan is important. Aides are skilled at talking to the patients at their level and can help in reinforcing the importance of the plan. *Echo Langley, RN, BSN, Boone Hospital Home Care and Hospice, Columbia, MO*

**May 10, 2011**

### Safety On and Off the Job

You always believe "it can't happen to me," but it can. Let's be safe, healthy and injury-free on and off the job. Learn from a safety expert how to: reduce injuries while driving for work or pleasure; be more aware of your surroundings; lift safely; and eliminate slips, trips and falls. *Mark Woodward, Missouri Employers Mutual, Columbia, MO*

**June 14, 2011**

### Dementia: Understanding Why Behavior Exists – It's Not What You Think!

Learn new ways of understanding behavior exhibited by people with dementia. This program will help change your life, as well as the lives of those you are trying to help! *Zoe Dearing, BME, MT, Education Coordinator, Alzheimer's Association, St. Louis, MO*

**July 12, 2011**

### The Aide's Role with Cardiac and Pulmonary Clients

This presentation will review cardiac and pulmonary physiology, symptoms to watch for and what to report to the interdisciplinary team to help reduce readmissions and improve client outcomes. *Sandy Sanderson, RN, CCM, Thompsons Station, TN*

**August 9, 2011**

### Falls, It's All About Them

Discusses how aides can help the home care client understand and remember their fall risk factors, what can happen if someone falls and how to implement recommendations to try to keep them injury free. *Vicki D. Gines, PT DPT COS-C, Home Health Rehab Supervisor, North Kansas City Hospital, North Kansas City, MO*

**September 13, 2011**

### Infection Control

This session focuses on the basic principles of infection prevention and control. The instructor encourages aides to take a look at some of the most frequent daily mistakes that can mean the difference in controlling infections. *Echo Langley, RN, BSN, Boone Hospital Home Care and Hospice, Columbia, MO*



These sessions may be used to meet training requirements. While it is the responsibility of the home care company to determine if each workshop meets the specific requirements of its aides, the Missouri Department of Health and Senior Services affirms that these sessions meet the requirements found at 484.36[b] of the Medicare Conditions of Participation and for in-home service companies, these sessions meet the required standard for on-going training of aides.

## Registration Form

### REGISTER NOW for all Your Aide Inservice Needs

Check (✓) each Inservice for which you are registering ▼

#### 2010 - 2011 TRAINING DATES

<input type="checkbox"/>	Nov 9	While the Experience of Grief is Universal, Everyone Goes Through It Single File	<input type="checkbox"/>	May 10	Safety On and Off the Job
<input type="checkbox"/>	Dec 14	When Clients Lose Their Independence	<input type="checkbox"/>	June 14	Dementia: Understanding Why Behavior Exists – It's Not What You Think
<input type="checkbox"/>	Jan 11	The Home Case Aide and the Hospice Client	<input type="checkbox"/>	July 12	The Aide's Role with Cardiac and Pulmonary Clients
<input type="checkbox"/>	Feb 8	Have You Ever Crossed the Line?	<input type="checkbox"/>	Aug 9	Falls, It's All About Them
<input type="checkbox"/>	Mar 8	Keen Observation and Reporting	<input type="checkbox"/>	Sept 13	Infection Control
<input type="checkbox"/>	Apr 12	Emergency Care Planning	<input type="checkbox"/>		

#### How Each Inservice Works:

- ★ Each conference is scheduled from 1:00 to 3:00 p.m. (Central Time)
- ★ Register in advance; one fee per connection
- ★ MAHC will provide conference material for photocopying and dial-in instructions to each registered site
- ★ On the conference date, call in to the teleconference center at the appointed time
- ★ Listen to the presentation
- ★ Participate in the question and answer session

\*Company

\*Contact Person

Address

City, State, Zip

Phone

Fax

Email

#### Additional connection registration

Name

Email

Name

Email

#### Registration Fees

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\$149 per connection - free CD with each paid registration, if requested

\$129 if registering and paying for all conferences in this series

**Special pricing for multiple connections:** Additional connections \$49 per connection per conference

# \_\_\_\_\_ Primary Connection x \$149 = \$ \_\_\_\_\_

# \_\_\_\_\_ Additional Connections x \$ 49 = \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

#### Return Registration and Payment to:



Missouri Alliance for

**HOME CARE**

2420 Hyde Park, Suite A

Jefferson City, MO 65109

Phone (573) 634-7772

Email: [ann@homecaremissouri.org](mailto:ann@homecaremissouri.org)

Fax: (573) 634-4374

**Cancellation Policy** – cancellations received by 5:00 p.m. Central Time on the day prior to a conference receive a 90% refund. No refunds granted for cancellations received on or after the conference date. We will bill for unfulfilled reservations.



*Missouri Alliance for HOME CARE*

2420 Hyde Park, Suite A  
Jefferson City, MO 65109-4731

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