



New in 2018!

Dementia Core Skills Training

60-Minute Training Program

Accompanying handouts to 60-minute training program

Handout 1: Understanding Dementia

Handout 2: Differences Between Normal Aging and Alzheimer

Handout 3: Triggers of Behavioral Expression

Handout 4: Things We Need to Remember Handout

Handout 5: Tools for Better Communication and Understanding;

Tools for Improving Care Process;

Tools for Creating a Dementia-Friendly Environment

Handout 6: The Dementia-Friendly Home Checklist

Handout 7: Families and Caregivers as Partners

Handout 8: Healthy Tips to Manage Caregiver Stress

Handout 9: A Caregiver's Pledge to Persons Living with Dementia

This program meets the Missouri Department of Health & Senior Services statutory requirements for Alzheimer's and dementia training for all home care employees.



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