

Engaging the Patient in Rehab Adherence at Home

Recorded Webinar Available Now with CE Available Until December 31, 2020

Therapy non-compliance is a problem. Often home care patients are not complying correctly with their prescribed therapy schedule, which results in an unnecessarily heightened risk of morbidity, mortality and higher health costs. Emphasis has now shifted to an agreement between patients and practitioners about the course of treatment. This reframing sets the stage for therapy adherence, not simply compliance. Therapy adherence emphasizes the patient's behavior as it corresponds to outcomes.

Expert facilitator Ernest Roy, PT, DPT, will delve into reasons behind non-compliance as well as offer proven strategies for moving to adherence. The presentation will interpret various data about therapy adherence, continuity, and persistence, as well as review case studies.

Explore ways to move from compliance to adherence with patients in the home.

Objectives:

- Operationally define Adherence for purposes of clinician-patient interactions.
- Describe what is known about rates of adherence among 4 different patient problems seen in home care.
- Review concepts of Patient Activation.
- Learn at least 3 ways to use Motivational Interviewing with patients to aid adherence.
- Explore Shared Decision Making to help patients stick with your care.

About the Speaker: Ernest Roy, PT, DPT, is the Home Care Therapy Team Leader for Pemi-Baker Community Health, in Plymouth, NH. He is a certified Chronic Care Management Trainer and has been certified as a Strength & Conditioning Specialist from the National Strength and Conditioning Association. Ernie has extensive experience in a variety of roles, including Acute Care, Outpatient, Home Health and Industrial Rehabilitation. He has been in practice as a Physical Therapist for 30 years.

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Rehab Adherence—R-W

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