

# **Missouri NF LOC Model Framework Draft for Stakeholder Input**

**July 13, 2018**

# Begin With The End In Mind

Overarching Goal : Create a new Level of Care (LOC) model that:

1. Ensure **access** to care for **most in need** of HCBS providing **least restrictive** community setting as long as **safely possible**
2. Use **limited state resources** on those most in need of HCBS compared to more costly facility placement.
3. Ensure individuals able **to live in the community** are not inappropriately placed in a more restrictive setting.

# Which Comes First?



- OR -



**What Today Is About...**

**The Nursing Facility  
Level of Care  
New Model Framework**

**What Today Is NOT About...**

**The Nursing Facility  
Level of Care  
New Model Process**

# Session's Agenda

1. Refresh memory of material covered in last session
2. Share feedback results collected from stakeholder groups
3. Offer a first draft of the model framework
4. Solicit input on proposed framework
5. Invite further comment through online survey



# What Are The Criteria Buckets?

- Six Shared Buckets
  - ADLs
  - IADLs
  - Medical
  - Clinical
  - Safety
  - Cognition



# Activities of Daily Living Indicators

- Transfers
- Locomotion
- Bed mobility
- Upper dressing
- Lower dressing
- Eating
- Toileting
- Personal care
- Bathing

# Instrumental Activities of Daily Living Indicators

- Grocery shopping
- Laundry
- Light housework
- Meal preparation
- Medication management
- Money management
- Personal hygiene
- Transportation
- Using phone to accomplish tasks
- Bill paying
- Scheduling medical appointments
- Other shopping tasks

# Medical Indicators

- Medical history
- Mental health history
- Vital signs
- Medications
- Medical conditions
- Diagnoses
- Special treatments or diet

# Clinical Indicators

- Assistive devices
- Treatments and procedures
- Rehabilitative services
  - Tube feeding
  - Wound care
  - Occupational therapy
  - Ventilator care
  - Tracheotomy care

# Safety Indicators

- Environmental factors/problems
- Living conditions
- Risk evidence

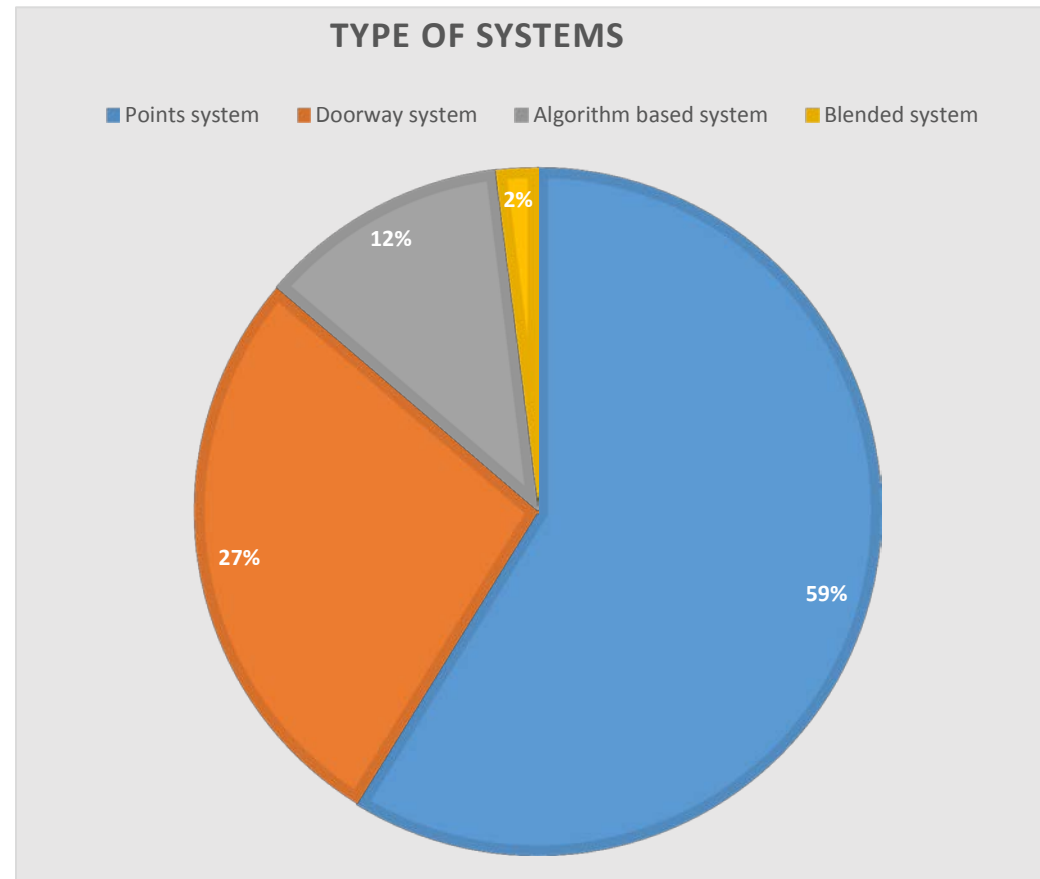
# Cognition Indicators

- Memory
- Behavior
- Communication
- Sensory orientation
- Assessment of social situation
- Expression

# How Does Someone Meet Eligibility?

## Four Framework Systems

- Points
- Doorway
- Algorithm-based
- Blended







# Question 1: Identify Challenges

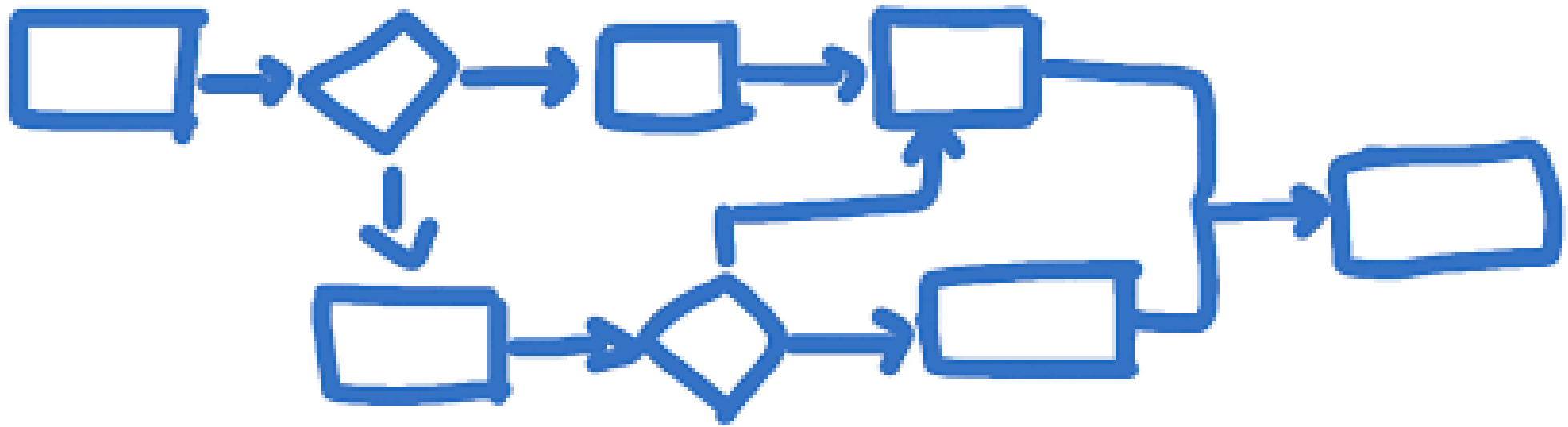
- QUESTION – When thinking about the current LOC criteria and process, what are the three to five most significant challenges or issues experienced by the populations you serve?
- Write one idea per notecard
  - No less than 3 cards
  - No more than 5 cards
  - Please write legibly



## Question 2: The Future State



If you could wiggle your nose and make it magically happen, what changes would you like to see implemented in the LOC process in Missouri?



# Feedback From The Field - HCBS

## Process Challenges

- Assessor training-inconsistent and different outcomes (20)
- Self report information-verify information, not honest
- NF and HCBS disparity in process

## Process Changes

- Role of medical professionals and certified assessors-level of KSAs and consistency (25)
- Assessor, provider, and individual together for assessment
- Validation and verification of assessment
- Need for “unified delivery system” after become NF LOC eligible

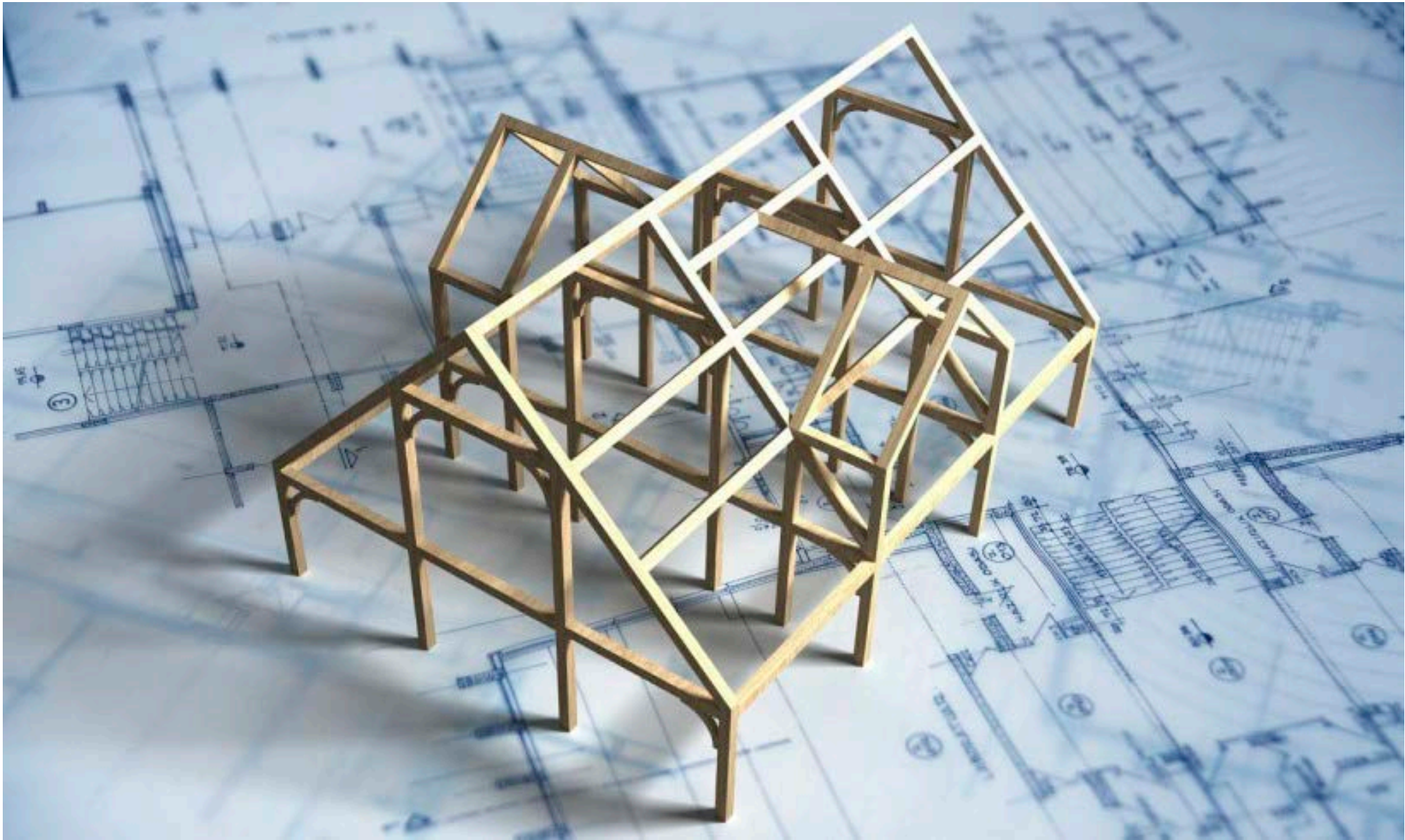
# Feedback From The Field - SNFs

## Process Challenges

- Slow response after assessment completed ~90 days
- Lack of understanding of assessment (inaccurate/incomplete)
- Backlog/lost forms at COMRU

## Process Changes

- Case mix-payment allocation reimbursement
- Certified assessor for consistency





# Feedback From The Field - HCBS

## Framework Challenges

- Mental Health not adequately addressed in current system (13)
- Point system doesn't work because allows "in" those that should not be, should be age and diagnosis (22)

## Framework Changes

- Doorways (Dementia, MI, I/DD, Disabled Adult, Frail Elder, ST Rehab), blended doorway with points-operationalize (47)

# Feedback From The Field - SNFs

## Framework Challenges

- MDS coding and LOC definitions do not match
- Residents unsafe at home but do not qualify, cognition (MI/Memory challenges and Safety)
- Medication (# of meds) versus diagnosis
- Different assessed needs for mentally ill (MI) young person and MI frail elder, not use the consistent criteria
- Personal care needs not a good scale

## Framework Changes

- Doorway



# Questions on Feedback?



**DRAFT**

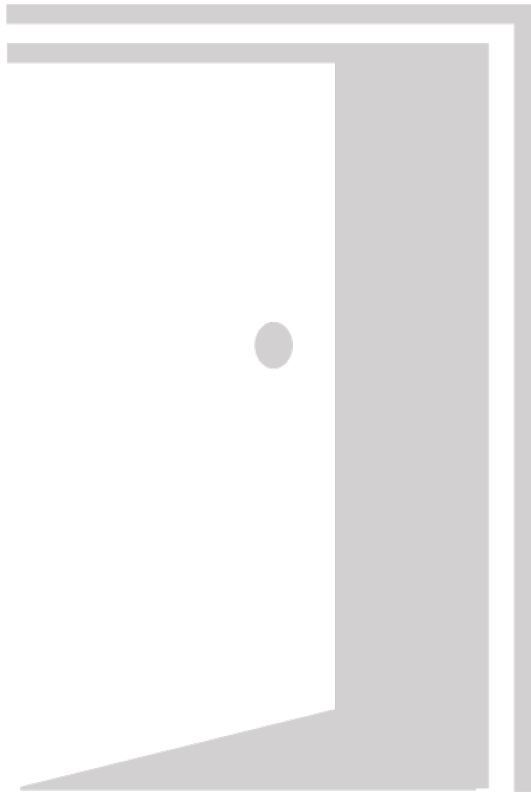
# Introduction to Proposed Doorways



# Doorway Design

What *indicators* put someone in a place where they need to receive their care in a nursing home environment?

# Doorway 1: Frail Elderly

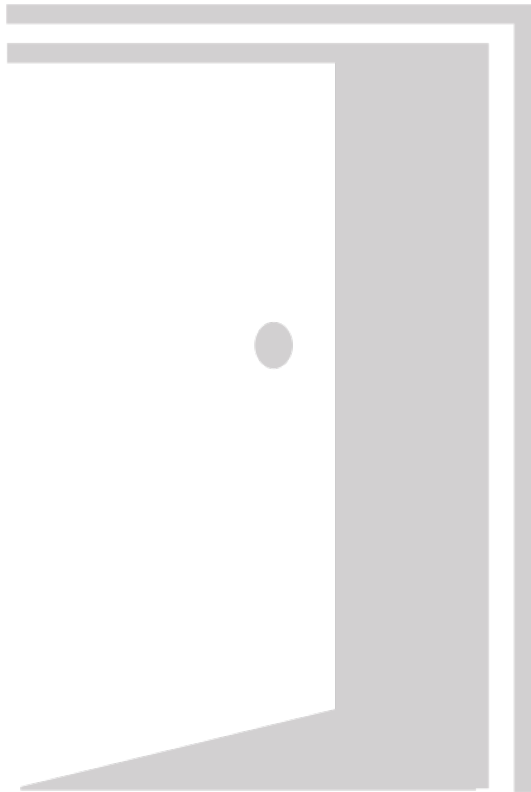


**Definition:** Individuals age 80 and over with a decreased ability for independent living due to chronic health problems, physical limitations, and/or impaired mental abilities.

## Criteria Eligibility

- ADL's (Activity of Daily Living) e.g. Bathing, Mobility, Transfers, Dressing, Grooming, Toileting, Eating
- IADLs (Instrumental Activities of Daily Living)- Meal prep
- Safety-ADLs impacting health, Fall risk (bathing, transfers)

# Doorway 2: Physical Limitations

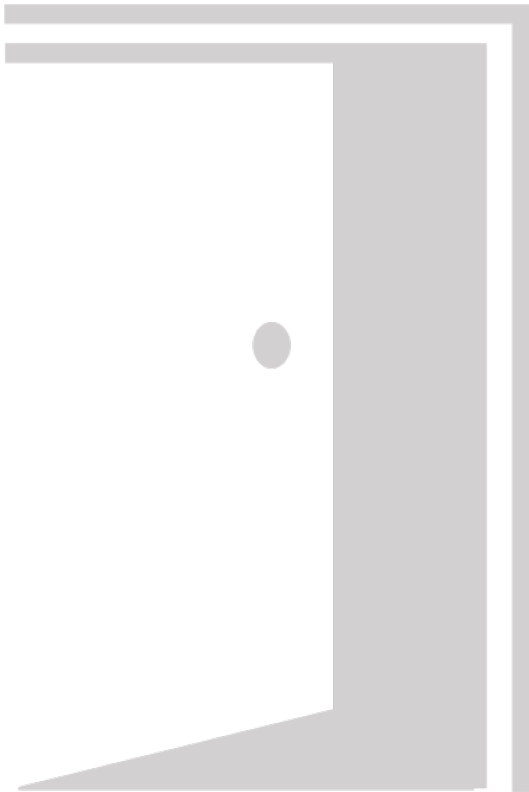


**Definition:** An individual with a physical limitation, medical diagnosis, and/or chronic condition that leads to the need for physical hands-on care.

## Criteria Eligibility

- ADLs-Bathing, Mobility, Transfers, Dressing, Grooming, Toileting, Eating
- IADLs-Meal prep
- Safety-ADLs impacting health, Fall risk (bathing, transfers)

# Doorway 3: Dementia

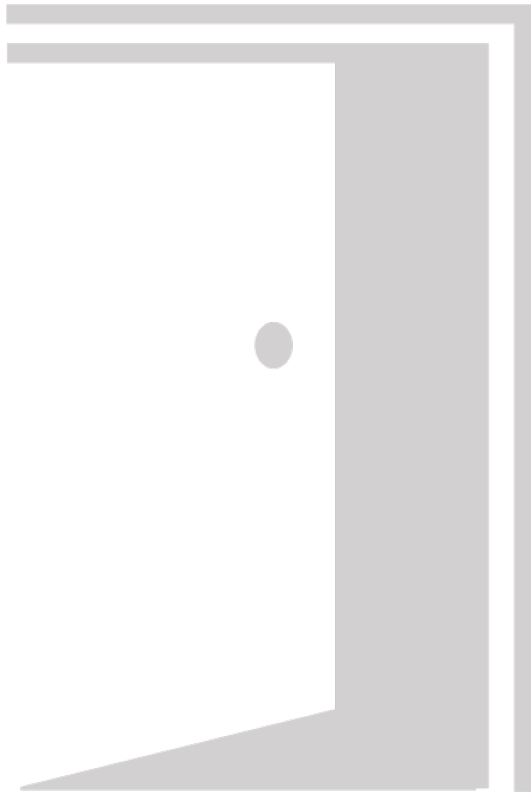


**Definition:** Professional Dementia Diagnosis required.

## **Criteria Eligibility**

- ADLs-Bathing, Mobility, Dressing, Grooming, Toileting, Eating
- IADLs-Grocery Shopping, Laundry, Light Housework, Meal Preparation, Medication Management, Money Management, Personal Hygiene, Transportation, Using Phone to Accomplish Tasks, Bill Paying, Scheduling Medical Appointments, Other Shopping Tasks
- Cognition-Behavior, Expression, Memory
- Safety-Wandering/Exit Seeking, ANE (abuse, neglect, exploitation)

# Doorway 4: Mentally III



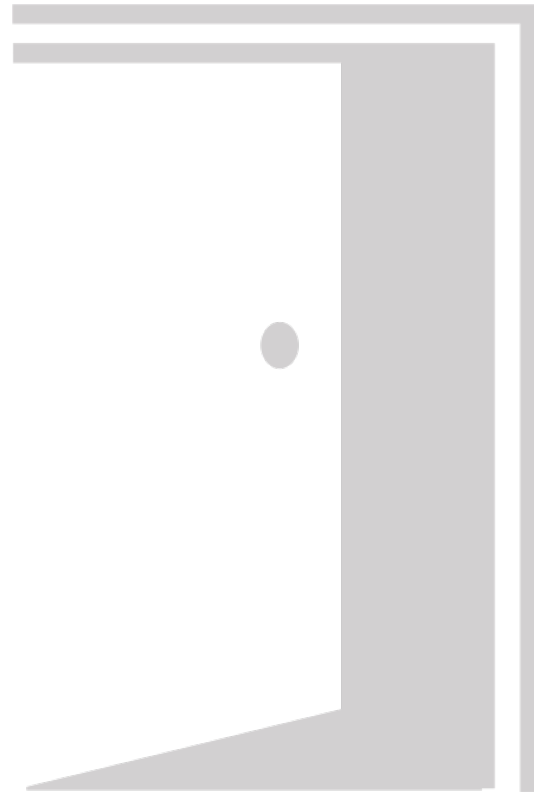
**Definition:** Professional Mental Health Diagnosis required.

## **Criteria Eligibility**

- IADLs-Self care
- Safety-Wandering/Exit seeking, Behavioral, Fall risk



# Doorway 5: I/DD (Intellectual or Developmental Disability) or ABI (Adult Brain Injury)



**Definition:** Professional Diagnosis of I/DD, Acquired Brain Injury or Traumatic Brain Injury as defined in RSMO-192.735.

## **Criteria Eligibility**

- IADLs-Self care
- Safety-Wandering/Exit seeking, Behavioral, Fall risk

# Activity: Gallery Walk



**Place a dot by up to six items  
which should stay the same  
in the final framework.**



**Place up to three post-it notes  
with ideas for improvement  
(additions, deletions, changes)**

# Did We Get It Right?

What *indicators* put someone in a place where they need to receive their care in a nursing home environment?

# Scoring Indicators

- How do you score the various indicators listed?
- When looking nationally, the range of options include:
  - Minimum, moderate, extensive
  - 0, 3, 6, 9 intervals
  - A + B + C + D (must meet all)
  - Must meet one
- Allowed to have different scoring by doorway
  - Not all must be weighted the same

# Activity: Establishing a Scoring System

- Break into small groups by doorway
- Use the draft as the basis for your work
- Propose an answer to these dilemmas:

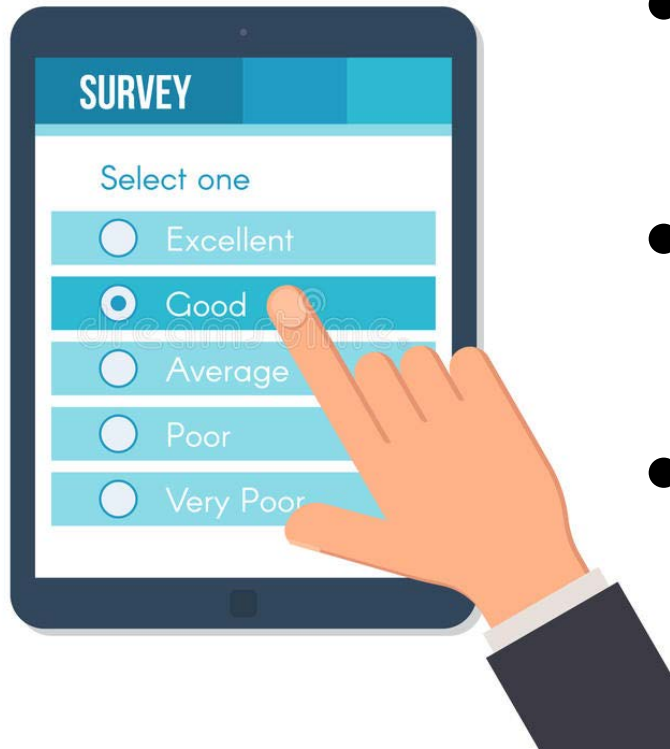
**How would your group recommend  
this doorway be scored?**

**If validation is needed, how would you do this?**

# Report Out



# Next Steps



- Complete Online Survey
- Next Meeting in August
- Project complete by November