Home Care Options

<u>Home Health</u>: Care provided in your home by a nurse, therapist or social worker as ordered by your physician

<u>Hospice</u>: Care provided by a team of health care and other professionals at the end of life, including nursing, social work, and ministerial care as well as medications to relieve pain.

<u>Personal Care</u>: Assistance with personal activities of daily living such as grooming, bathing, toileting

<u>Homemaker</u>: Assistance with household activities such as cooking, cleaning, meal prep.

<u>Respite Care</u>: Provides a worker who comes to your home to give your day-to-day caregiver (like your spouse) a short break from care giving responsibilities.

<u>Adult Day Services</u>: A wide range of medical and social services are available at a center where you may spend part or all of the day.

Types of Home Care Companies and the Services they Provide

<u>Home Health</u>: Funded by Medicare, Medicaid, VA and many private insurance policies Patient Criteria:

Require a physician to order and supervise care

Homebound

Skilled need (nurse, therapist)

Intermittent basis (4 hours or less intermittently)

Home Health Compare: http://www.medicare.gov/HomeHealthCompare/search.aspx

Hospice: Funded by Medicare, Medicaid, VA and many private insurance policies.

Patient Criteria:

Life expectancy of 6 months or less (certified by a physician)

No longer receiving curative care – only palliative (pain and emotional)

Private Duty Home Care: Paid for privately** or through some private insurance & VA.

Services provided in your home including, but not limited to:

Nursing

Personal care

Homemaker

Respite & Companion

Transportation

Other services as requested by the patient

In-Home/Consumer Directed Care: Funded by Medicaid only

Limited nursing

Personal Care

Homemaker

Respite

Some other services

<u>Adult Day Services Centers</u>: Funded by Medicaid, VA, Private funds and some insurance Provides a variety of medical and social services such as therapy, nursing, social activities, transportation, meals, entertainment, etc.

^{**} Private funded services range in price by provider. Average range \$15 - \$35 per hour. Check local provider for exact price range.