

Signs of Chronic Obstructive Pulmonary Disease (COPD)

If you have one or more of these symptoms:

- Shortness of breath when you are resting that won't go away
- Needing to sleep in a chair because of shortness of breath
- More mucus or a change in sputum color to yellow or green
- More cough or wheezing
- Sudden tightness in your chest
- Weight gain or loss of more than five pounds
- More forgetfulness, confusion, slurring of speech, and tiredness

Call doctor _____
at _____



New Jersey
Care Transitions
Project

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The Medicare Quality Improvement Organization for New Jersey

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