



Provided by
Missouri Alliance for HOME CARE

B **U** **I** **L** **D** **I** **N** **G**
B **L** **O** **C** **K** **S**
for Success:

Create a Library of
Aide In-Service Recordings

Home Care Aide Training is now available by CD recordings!

Don't miss the opportunity to take advantage of this new way of providing Aide education. Now YOU can create your calendar for training when it works best for you and your aides. Six one hour Aide In-Services have been recorded and are ready for you to order. Included with your order will be a CD with the recording of the **one hour in-service**, the handouts, evaluation & post test. MAHC will continue to add additional trainings. Be sure to check MAHC's website for the most up to date list.

Use these sessions to meet your training requirements. All in-services emphasize the role of home care aides in observation and reporting. It is the responsibility of the home care company to determine if each workshop meets the specific requirements of its aides. The Missouri Department of Health and Senior Services affirms that these sessions meet the requirements found at 484.36[b] of the Medicare Conditions of Participation and for in-home service companies, these sessions meet the required standard for on-going training of aides.



Disaster Preparedness and Response Training for the In-Home and Home Health Aide

Missouri is prone to flooding, severe storms, tornadoes, ice storms, droughts, heat waves, and even earthquakes. Are you ready to endure, respond, and recover from a disaster that strikes your community? This workshop will discuss how to prepare yourself, your family and your clients for any type of disaster. *Charity Hunter, Disaster Response Coordinator, DHSS*

Words and Actions Matter!

The words we speak and the actions we portray communicate strong messages to our clients throughout our home care visit. Awareness of our own communication styles; both verbal and non-verbal improve our effectiveness in communication. This workshop will offer practical tools for enhancing communication with your home care clients and between your agency team members! *Lores Vlamincck, RN, BSN, MA, CHPN*

Early Identification of Depression and Suicidality in Home Bound Patients

Home Care Aides can be a vital source of information for clinicians regarding deterioration in a patient's state of mind, mood and inclination toward self-injury or suicide. This workshop is designed to raise Home Care Aide awareness of signs of depression and suicidality in and offer strategies for responding to increasingly depressed patients and reporting concerns effectively. *Kenneth McManus, M.Ed., L.P.C.*

Holiday Stress Management for Home Care Aides

Holiday seasons often bring increased stress for caregivers, as well as their clients and client families. Caregivers can find themselves caught between demands for increased time for family and friends and the increased needs of clients and their families. This workshop will teach you strategies for maintaining caregiver sanity through the various holiday seasons. *Kenneth McManus, M.Ed., L.P.C.*

Silence Isn't Golden: Mandated Reporting of Elder Abuse


New stories across the country indicate an increase of elder abuse incidents that occur not only in facilities, but in the individual homes of seniors living in the community. However, a lack of knowledge, fear or intimidation often prevents seniors and adults with disabilities from reporting. Instead, they suffer in silence. This workshop will focus on recognizing signs and symptoms that may be specific to these populations, mandated reporters: how and when to report, and the role of Adult Protective Services and DHSS. *Marta Fontaine, Planner III, DHSS*

Diabetes Self-Management Home Support Tools to Support Healthy Independent Living and Reducing Hospital Readmissions

This workshop will provide key knowledge and self-management skills necessary for home support staff to assist free-living people with diabetes in order to understand and control their chronic illness. This training will open the door to resources and education necessary to help people with diabetes to enjoy a long, quality life. *Sarah J. Eber, MPH, RD, LD, CDE*

We Heard You!

You asked for Aide In-Services by CD to allow you to train your aides when the time is right for you – not when we have a speaker available. MAHC will continue to provide you with new & relevant Aide In-Services by CD on a timely basis but will no longer offer the live sessions.

Visit the MAHC website www.homecaremissouri.org and click on this  for the most up to date listing of all available Aide In-Service CD's. Check regularly – more will be added.

- Order all in-services at one time or individually select the ones that best meet your training needs.
- Schedule Aide Training at your agency's convenience.

ORDER NOW for all Your Aide In-Service Needs

Check (✓) each In-Service for which you are ordering

	Disaster Preparedness		Holiday Stress Management for Home Care Aides
	Words and Action Matter!		Silence Isn't Golden: Mandated Reporting of Elder Abuse
	Depression/Suicide		Diabetes

How Each Recording Works:

- ★ MAHC will provide a CD of the recording, handouts, evaluation, certificate of completion and post test.
- ★ The evaluation will need to be completed following the training & returned to MAHC via fax (573) 634-4374

Company Name _____

Participant Name _____

E-Mail _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

MEMBER

\$149 per recording

\$129 each if ordering all recordings in this series

_____ x \$149 = _____

6 x \$129 = _____

Total _____

NON-MEMBER

\$298 per recording

\$278 each if ordering all recordings in this series

_____ x \$298 = _____

6 x \$278 = _____

Total _____

Return Order Form and Payment to:

2012 Aide In-Service



Missouri Alliance for
HOME CARE
 2420 Hyde Park, Suite A
 Jefferson City, MO 65109

Phone (573) 634-7772

Fax: (573) 634-4374



Missouri Alliance for HOME CARE

2420 Hyde Park, Suite A
Jefferson City, MO 65109-4731

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Trainings for Home Care Aides!

BUILDING BLOCKS FOR SUCCESS:

Create a Library of Aide In-Service Recordings

- Do your Aides need training?
- Do you want to schedule in-services when it works best for you?
- Create Your Aide Training Library

Order up to 6 Hours of Home Care Aide Training Today!

Aide In-Services