

Aide Inservices

Hands to Help ♥ Hearts that Care

Monthly Home Care Aide Telephone Conferences

**October 2011
to June 2012**

Second Tuesday of Every Month

**Home Care Aides have
caring hearts and gentle hands...**



Provided by
Missouri Alliance for
HOME CARE



Home Care Aide Training Telephone Conferences October 2011 through June 2012

Mark Your Calendar for the 2nd Tuesday of Every Month.

Use MAHC's expertise in providing diverse and high quality education programs for your aides. Don't miss the opportunity to take advantage of MAHC's convenient monthly telephone conferences. All inservices emphasize the role of home care aides in observation and reporting.

- ★ Sign up for all inservices at one time or individually select the ones that best meet your training needs.
- ★ Each conference is scheduled 1:00 to 3:00 p.m. (Central Time)

October 11, 2011

Care of Others – Recognizing Symptoms of Depression and Suicide

People with health problems and challenges of aging face increased risk of developing depression. When left untreated, depression can lead to thoughts of suicide. This session will assist in recognizing signs of depression and suicide risk, offer strategies for communicating with a depressed individual, and provide tips on how to document observations for reporting. *Bryan Evans, MSW, Director of Suicide Prevention Programs, Mental Health America of Eastern Missouri, St. Louis, MO*

November 8, 2011

Creating Holiday Magic for People With Dementia

This program provides a way for home care aides to help create a loving, peaceful and safe environment for their clients to enjoy past holiday memories while embracing the cherished moments of the current holiday season. *Zoe Dearing, BME, MT, Alzheimer's Association St. Louis Chapter, St. Louis, MO*

December 13, 2011

Year End Refresher

While home care aides have daily experience providing personal services to their clients, it is important to occasionally review the basic techniques of care. This session will address the very basics of care, including bathing techniques, grooming and dressing, toileting, oral care, and skin monitoring. Our home care aides are honored to serve those who need a little extra assistance with personal necessities and medication reminders. With their dedication to their clients they make it possible for those in their care to maintain their independence and dignity, while helping to maintain the individual's present level of functioning as long as possible, preventing or delaying further deterioration. *Eileen Hedrick, RN, BSHA, Founder and Owner of Martha's Hands, St. Louis, MO.*

January 10, 2012

Traumatic Brain Injury 101: Recognition and Working with Individuals with TBI

A brain injury occurs every 23 seconds in the United States. This session will address definitions, causes, symptoms, brain functions and consequences of TBI and the home care aide's role in working with persons with TBI. The aides will also learn information on available resources to assist the individual and his/her family. *Lori Brenneke, CPHQ, Adult Brain Injury Program Manager, DHSS, Jefferson City, MO*

February 14, 2012

He Just Sits Around All Day

This session will explore the role of activities and structure for the person with Alzheimer's disease. Also included will be how to manage resistance that can occur in assisting with day to day tasks. *Michelle Niedens, Heart of America Chapter Alzheimer's Association, Prairie Village, KS*

March 13, 2012

Arthritis – What's In Your Toolbox?

Fifty million adult Americans have arthritis. Home care aides will learn about the Missouri Arthritis Program state-wide efforts. These programs are focused on chronic disease self-management and physical activity. Two of these programs are designed for individual use. Aides will learn how two of the individual programs (Walk With Ease and the Arthritis Toolkit), will help them personally and with their clients. There will also be a discussion "What is Arthritis" and tips for working with individuals with arthritis. *Beth Richards, Director, Missouri Arthritis & Osteoporosis Program, School of Health Professions, University of Missouri, Columbia*

April 10, 2012

Working to the Top of Your Role

As home care aides, we are entrusted with care for those that are often elderly and frail. Assuming personal accountability for professional development is not only admirable but an expectation by those that entrust their loved ones to us. Learn ways to reach for the highest of standards and practices in your role as a home care aide. *Lores Vlaminc, RN, BSN, MA, CHPN, Lores Consulting, Rochester, MN*

May 8, 2012

Are You Prepared for the Bariatric Client?

The rise in obesity makes it a challenge to properly care for home care clients in a way that gives them the care and respect they deserve. This session will explore how to care for and meet the needs of these clients, proper equipment usage, including the NO LIFT transfer device, and the skills to ensure employee and client safety. *Christine Lakamp, Ergo Midwest, Inc., St. Louis, MO*

June 12, 2012

The Aide's Role with Parkinson's Disease Clients

Most home care aides know someone and probably have at least one client with Parkinson's disease. This session will address the symptoms of PD and make the aide more aware of the difficulties and challenges faced by a client with PD and how the aide can effectively assist the client. *Katie Fuchs, Program Director, Parkinson Foundation of the Heartland, Leawood, KS*

These sessions may be used to meet training requirements. While it is the responsibility of the home care company to determine if each workshop meets the specific requirements of its aides, the Missouri Department of Health and Senior Services affirms that these sessions meet the requirements found at 484.36[b] of the Medicare Conditions of Participation and for in-home service companies, these sessions meet the required standard for on-going training of aides.

Registration Form -

REGISTER NOW for all Your Aide Inservice Needs

Check (✓) each Inservice for which you are registering ▼

2011 - 2012 TRAINING DATES

	Oct 11	Care of Others – Recognizing Symptoms of Depression and Suicide		March 13	Arthritis – What's In Your Toolbox?
	Nov 8	Creating Holiday Magic for People with Dementia		April 10	Working to the Top of Your Role
	Dec 13	Year End Refresher		May 8	Are You Prepared for the Bariatric Patient?
	Jan 10	Traumatic Brain Injury 101: Recognition and Working with Individuals with TBI		June 12	The Aide's Role With Parkinson's Disease Clients
	Feb 14	He Just Sits Around All Day			

How Each Inservice Works:

- ★ Each conference is scheduled from 1:00 to 3:00 p.m. (Central Time)
- ★ Register in advance; one fee per connection
- ★ MAHC will provide conference material for photocopying and dial-in instructions to each registered site
- ★ On the conference date, call in to the teleconference center at the appointed time
- ★ Listen to the presentation
- ★ Participate in the question and answer session

Company

Contact Person

Address

City, State, Zip

Phone

Fax

Email

Additional site(s) emails

Registration Fees

Aide11-12

\$149 per conference - free CD with each paid registration, if requested

\$129 per conference - if registering and paying for all conferences in this series

Special pricing for multiple sites: Additional sites/phone connections \$49 per connection per conference

_____ Yes, I want the CD

Cancellation Policy - Cancellations received by 5:00 p.m. Central Time on the day prior to a conference receive a 50% refund. No refunds granted for cancellations received on or after the conference date. We will bill for unfulfilled reservations.

_____ x \$149 = \$ _____

_____ x \$129 = \$ _____

_____ x \$49 = \$ _____

TOTAL \$ _____

Return Registration and Payment to:



Missouri Alliance for

HOME CARE

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