JEFFERSON CITY, MO PERMIT NO. 219

Missouri Alliance for Home Care 2420 Hyde Park, Suite A



Missouri Alliance for Home Care presents

End of Life Care Primer Series: Planning, Preparation, **Provision & Palliation**

Presented by

Clay Anderson, MD Medical Director, North Care Hospice & Palliative Care

A 4-part teleconference series for Hospice Agencies

Hospice Pain Management Outcomes October 22, 2013 • 10:30 am - 11:30 am CT

Palliative Sedation in the Hospital & at Home November 5, 2013 • 10:30 am - 11:30 am CT

Comfort/Hospice Care for the Imminently Dying November 12, 2013 • 10:30 am - 11:30 am CT

Advance Directives & Care Planning November 19, 2013 • 10:30 am - 11:30 am CT

About this series: People and Families dealing with life-limiting chronic illness have a great deal on their plates. Over and over again they face tough realities and make hard decisions with no right or wrong answers. Providers in hospice and home care don't just provide care for these patients and families, they are guides and co-travelers on the journey. This series will provide practical information and positive reinforcement for those providers assisting patients and families with the journey. Dr. Anderson will discuss symptom management guidelines, go over advance directives, and review care of the imminently dying and the potential role of palliative sedation at home or in the hospital. Together, we will discuss difficult challenges and paths to success, building confidence in our professional competency in the process.

Hospice Pain Management Outcomes *October 22, 2013* ■ 10:30 to 11:30 a.m. CT

Pain is among the most common and the most feared symptom experienced by hospice patients and their loved ones. Pain management is also inadequately taught and learned in most health care education settings, even in 2013. This session will increase providers' knowledge and comfort level with assessing, treating, and evaluating success of treatment of pain for persons on hospice care.

Palliative Sedation in the Hospital & at Home November 5, 2013 ■ 10:30 to 11:30 a.m. CT

Some hospice patients in home and institutional settings have refractory symptoms so severe that they or their loved ones desire permanent sedation until death. This is not uncommon but a controversial practice which has significant risks and potential for significant benefits for the patient and their survivors alike. This session will highlight the concepts and controversies of palliative sedation for dying persons at home and in the hospital setting.

Comfort/Hospice Care for the Imminently Dying November 12, 2013 ■ 10:30 to 11:30 a.m. CT

The quality of comfort/hospice care is put to the test during the patient's rapid, terminal phase of chronic illness. There are more symptoms, more problems, and more caregiver stressors and doubts. This session will discuss common symptom complexes and issues in those patients who are imminently dying, focusing on optimal individualized pharmacologic and non-pharmacologic management in those clinical situations.

Advance Directive & Care Planning November 19, 2013 ■ 10:30 to 11:30 a.m. CT

Chronically ill adults, and really all adults, in the US have been increasingly more willing to prepare and use advance planning documents to help manage their optimal living with chronic illness. These documents have important benefits, limitations and pitfalls. In this session, Dr. Anderson will highlight different types of advance directives and limitation of treatment orders while discussing how to use and how not to use them for your patients/clients.

About our Speaker: Clay Anderson, MD is board certified in Internal Medicine, Medical Oncology and Hospice/Palliative Medicine. Dr. Anderson has spent 8 years as a hospice medical director, with the last 3 years being at Northcare Hospice & Palliative Care. Prior to that Dr. Anderson was the medical director of an academic palliative care program and a clinical ethics consultant at the University of Missouri Columbia.

Registration Form

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Registration Fees: MAHC Members - \$159 per conference Non-Members - \$318 per conference	rence	l of Life Primer Series Oct/Nov 201
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Mail Registration & Payment to:

Missouri Alliance for HOME CARE 2420 Hyde Park, Suite A Jefferson City, MO 65109

Phone: (573) 634-7772 Fax: (573) 634-4374

Cancellations: Registrations canceled by 5 p.m. the day prior to a conference will be issued a 90% refund. No refunds will be given for cancellations on or after the conference date.

Continuing Education: MO Alliance for Home Care is an approved provider of continuing nursing education by the MO Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.